

# Selwyn Primary School

Week Beginning: 30<sup>th</sup> Oct, 20<sup>th</sup> Nov, 11<sup>th</sup> Dec, 8<sup>th</sup> Jan, 29<sup>th</sup> Jan, 26<sup>th</sup> Feb, 19<sup>th</sup> Mar



## Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Burger in a Burger Bun with Salad & Spicy Wedges	Lamb & Vegetable Tikka Masala with Basmati Rice	Roast Chicken & Stuffing with Roast Potatoes	Savoury Chicken & Sweetcorn Pie & New Potatoes	Fish Fingers with Chips
Vegetarian Choice	Chick Pea & Potato Curry with Peshwari Bread	Vegetarian Lasagne & Focaccia	Mixed Bean Hot Pot	Cheese & Tomato Pizza	Vegetable Samosa with Chips
Vegetable Selection	Sweetcorn & Fresh Broccoli	Fresh Cauliflower & Garden Peas	Organic Carrots & Fresh Cabbage	Mini Corn Cobbett & Grilled Tomatoes	Garden Peas & Baked Beans
Dessert	Strawberry Smoothie	Pear & Chocolate Crumble with Custard	Fruit Cheesecake	Sticky Honey & Orange Cake with Custard	Fruit, Jelly & Ice Cream

Daily Selection also includes: Freshly Baked Additional Bread, Salad Bar, Fresh Fruit, Yoghurt, Cheese & Biscuits, Sandwiches.

# Selwyn Primary School

Week Beginning: 6<sup>th</sup> Nov, 27<sup>th</sup> Nov, 18<sup>th</sup> Dec, 15<sup>th</sup> Jan, 5<sup>th</sup> Feb, 5<sup>th</sup> Mar, 26<sup>th</sup> Mar



## Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Baked Sausages with Mashed Potatoes	Pasta Bolognese Bake & Garlic Slice	Roast Turkey & Yorkshire Pudding with Roast Potatoes	Glazed BBQ Chicken & Herby Diced Potatoes	Fish in Batter with Jacket Wedges
Vegetarian Choice	Quorn & Pepper Frittata with Mashed Potatoes	Veggie Burger in a Wholemeal Bun with Salad	Quorn & Sweet Potato Curry with Rice	Vegetarian Shepherd's Pie	Warming Winter Crumble with Jacket Wedges
Vegetable Selection	Fresh Cauliflower & Mixed Vegetables	Mini Corn Cobbett & Fresh Roasted Peppers	Organic Carrots & Garden Peas	Sweetcorn & Fresh Broccoli	Garden Peas & Baked Beans
Dessert	Fruit Smoothie	Peach Melba Sponge Slice with Custard	Frozen Yoghurt with Fruit	Cornflake Cracknel	Apple & Pear Crumble with Custard

Daily Selection also includes: Freshly Baked Additional Bread, Salad Bar, Fresh Fruit, Yoghurt, Cheese & Biscuits, Sandwiches.

# Selwyn Primary School

Week Beginning: 13<sup>th</sup> Nov, 4<sup>th</sup> Dec, 3<sup>rd</sup> Jan, 22<sup>nd</sup> Jan, 19<sup>th</sup> Feb, 12<sup>th</sup> Mar



## Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Spaghetti and Meatballs in a Marinara Sauce	White Fish Bake with New Potatoes	Roast Chicken & Yorkshire Pudding with Roast Potatoes	Lasagne with Garlic & Herb Slice	Fish in Batter with Herby Diced Potatoes
Vegetarian Choice	Vegetable & Lentil Curry with Rice	Vegetarian Pasta Bake	Quorn Sausage Cassoulet with Roast Potatoes	Vegetable Samosa with Baby Baked Potatoes	Jacket Potatoes with Cheese & Beans
Vegetable Selection	Garden Peas & Roasted Vegetables	Sweetcorn & Green Beans	Organic Carrots & Roasted Autumn Vegetables	Winter 'Slaw & Country Vegetables	Baked Beans & Garden Peas
Dessert	Peaches & Custard	Citrus & Coconut Sponge with Custard	Chocolate & Mandarin Mousse	Carrot & Sultana Cake with Custard	Mini Scotch Pancake with Fruit

Daily Selection also includes: Freshly Baked Additional Bread, Salad Bar, Fresh Fruit, Yoghurt, Cheese & Biscuits, Sandwiches.